

Brief Meet Information

MEET NAME	2025 Alan Swanston Classic
DATE(s):	Dec 5-7, 2025
HOSTED BY:	Newmarket Stingrays Swim Club
LOCATION:	Magna Centre. 800 Mulock Dr, Newmarket, ON L3Y 9C1
FACILITY:	8 Lanes 25m pool with electronic timing system
PURPOSE & DESCRIPTION:	To provide swimmers the opportunity to race, gain experience, and achieve qualification times for higher-level competitions. The meet features Prelims & Finals for 13&O and Timed Finals for 12&U.
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca and the Swimming Canada Registration and Event Management System (REMS).
LAST UPDATE:	

Competition Organizing Committee

ROLE	NAME	EMAIL	LEVEL
COMPETITION COORDINATOR(S):	Brian Wilson Kirsti Kontor	bcwils@gmail.com kirsti.kontor@gmail.com	5 4
MEET MANAGER(S) & ENTRY COORDINATOR:	Alice Cheung	stingrays.meetmanager@gmail.com	
OFFICIALS COORDINATOR:	Emily Deline	emi.mei.xue@gmail.com	

Safety at Competitions

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Only Swimming Canada registered active participants (swimmers, officials, certified coaches and support staff for the meet), facility personnel and authorized Swim Ontario personnel are allowed on deck during the competition.

All participants in this event are reminded that they are bound by Swimming Canada and Swim Ontario Policies and Procedures, including but not limited to Swimming Canada's General Code of Conduct, their Equity, Diversity and Inclusion Policy, their Harassment Policy and the [Swim Ontario Code of Conduct procedure](#) For more information regarding the [Swim Ontario Policies and Procedures](#) or Safe Sport please visit the Swim Ontario website <https://www.swimontario.com/sport-safety> or www.swimming.ca/safesport

Every club and its participants are responsible for ensuring all facility rules and requirements are followed.

The [Swim Ontario Concussion Management](#) & [Swim Ontario Photography, Videography, and Cellphone Procedure](#) will be in effect. For complete details click [HERE](#).

Videography & Photography Permissions

Provided the facility permits, registered club coaches on the compliance list, approved sport science contractors, and support staff may record for coaching purposes without additional authorization.

All other individuals — including club photographers, contracted photographers/videographers, and media — must apply for and receive authorization to access the competition deck before recording in any medium. All recordings must comply with Swim Ontario policies, including the [Photography, Videography, and Cellphone Procedure](#) and the [Screening Requirements Procedures](#). Contact Meet Management for the application process. All Official Photographers and Videographers, as approved by Swim Ontario, will be declared within this Meet Package.

ADDITIONAL INFORMATION

- ☒ Meet management will not accept requests to access the competition deck to record.
- ☐ The following are approved by Swim Ontario Official Photographers/Videographers for this event:

Competition Rules

Sanctioned as an Age Group Swimming Invitational by Swim Ontario.

All current [Swimming Canada rules](#) will be followed. All registered para swimmers are subject to the rules defined by their current sport class and codes of exception. The stroke and turn rules apply as per Appendix B of the Swimming Canada rulebook. The Sport Class and Exception Codes should be displayed on heat sheets and must be made available to the Session Referee.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario provided the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Combined (mixed) gender swimming is permitted for age group swimming competitions. Canadian Age Group records can not be set when heats involve individual mixed genders.

The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2. The “misconduct” shall include, but is not limited to (C.2.3.2.1):

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) and [Swim Ontario warm-up safety rules](#) will be in effect. Details [HERE](#)

It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

- **Warm up rules:**

- No loitering at the end of lane
- Swimmers must be aware of their surroundings and move over to the lane rope when stopped at the end wall to allow other swimmers to turn
- Swimmers using sprint and pace lanes must be directly supervised by their coaches
- Deliberate kicking or striking of the starting platform, including the back plate during the sprint periods is not permitted.

Swimmers must enter the pool FEET FIRST in a cautious and controlled manner, entering from a start or turn end only and from a standing or sitting position.

Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer's name and club shall be registered with the Meet Manager.

AGE UP DATE:	The competitor's age is as the first day of the competition Friday, Dec 5, 2025
DIVE STARTS:	As per Swimming Canada Part II C4.1.2 and C4.1.3 swimmers are permitted to start in-water or from a standing position on the deck or bulkhead when Starting Platforms (blocks) are available. As per the Facility Rules for Dive Starts, this competition Starts will be conducted as follows: ☒ from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 from ☒ from deep end only and/or • from the Deck or Bulkhead as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 ☒ from deep end and/or • In-water starts will be conducted as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 ☒ from deep end
BACSTROKE LEDGES:	☒ Ledges will not be used in the swim meet ☒ New Rule Book update, C6.1.1 - In age group swimming, bending the toes over the lip of the gutter or end wall, if the gutter or end wall is at the same level as the water level, is permitted when ledges are not available and the lip of the gutter or end wall is not above the surface of the water. Magna Pool meets these conditions and this rule update will apply at this meet.
d/DEAF AND HARD OF HEARING ACCOMMODATION:	This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing: • non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as support staff. • Visual Start hand signals given by the starter/referee. • Visual Start Strobe Light options ☒ Personal Strobe Light: a personal strobe light from the swimmer's own club may be used with advance notice to Meet Management to determine compatibility with the starter unit. Clubs are to contact Meet Management by the <u>Entry Deadline</u> of the need for accommodations. Support Staff must be included in the submission of entries process. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.

Eligibility

All athletes must be registered as <u>Competitive</u> or <u>Varsity</u> swimmers with Swimming Canada and possess a valid Swimming Canada registration number. Athletes may only compete under the age group club or varsity team they are registered with. Registered Para Swimmers are welcome and their current Sport Class must be included in the entries. Entries submitted without a valid registration number and active status in the Swimming Canada Registration and Event Management System (REMS) at the time of the competition will be denied entry. It is the responsibility of the swimmer's club to provide proof of active registration status in REMS. This competition is sanctioned as an <u>Age Group Swimming Invitational</u>, however, foreign swimmer/teams entries will not be accepted.	
ADDITIONAL ELIGIBILITY INFORMATION:	☒ This meet is an Open Invitational. ☒ Preference will be given to the host club first.
COACH & SUPPORT STAFF REGISTRATION:	Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance. Swimmers must have a coach or designated coach (coach representative) in attendance during the meet including warm-up sessions. Clubs needing Support Staff for Para or d/Deaf/Hard of Hearing swimmers must register them in the Swimming Canada Registration and Event Management System (REMS) to access the deck at competitions. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.
FOREIGN TEAMS / COMPETITORS:	The following applies to Teams and their competitors not affiliated with Swimming Canada. Swimmers registered as active with a Swimming Canada ID are considered domestic. ☒ Foreign Teams' / competitors' entries will not be accepted by the host club.

Entry Process

ENTRY SUBMISSIONS:	Entries must be submitted through the Swimming Canada Registration and Events System (REMS) and must include all attending coaches and support staff. Meet management will: - not accept entries via email; - notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries; - notify clubs of any meet format changes or designated warm-up times at least 5 days (for TIER II sanctions) and 10 days (for TIER III & IV sanctions) prior to the start of the competition Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees. Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.
ENTRY DEADLINE:	The online entry deadline is Tuesday, Nov 18, 2025

	☒ Changes to entries will be accepted until Tuesday, Nov 25, 2025
ENTRY FEE:	The following fees will apply for this competition: ☒ Individual Events: \$15 per event (200m and below); \$20 per event (400m events) ☒ Relay Events: \$25 ☒ Swimmer Fee: \$10 Payment Method: via cheque, payable to Newmarket Stingrays Swim Club, to be delivered to Meet Manager prior to start of the meet's first session or, etransfer to Treasurer Ni Li: NewmarketStingrays.Treasurer@gmail.com Indicate 25ASC and Club Code. No Cash Payment accepted
ENTRY LIMITS:	The following limits are in place for this competition: ☒ The maximum number of participants per session is 300 ☒ The maximum number of entries per swimmer is NINE (9) ➤ Session 1: 1 entry per swimmer (One Ind. Event) ➤ Session 2,3,5&6: 4 entries per swimmer per session (Three Ind. Event + One Relay)
RELAY ENTRIES & MIXED RELAYS:	Teams may move up no more than two (2) swimmers from a younger age category to fill a relay. ☒ Relay swimmers must be entered in a non-relay event in order to compete. ☒ A mixed relay must have 2 female and 2 male swimmers. All other combinations will result in a disqualification.
ENTRY TIMES & CONVERSION:	☒ No Time (NT) entries are not permitted. ☒ Estimate entry times are accepted. ☒ Times will not be converted by meet management.

Schedule of Sessions

Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Time Final/Heats /Finals
1 11&Over	Dec 5	4:00pm - 4:55pm**	5:00pm	8:00pm	Prelims/Timed Finals
2 12&Over	Dec 6	7:00am - 7:55am**	8:00am	11:30am	Prelims/Timed Finals
3 11&Under	Dec 6	11:30am - 12:25pm**	12:30pm	4:30pm	Timed Finals
4 13&Over	Dec 6	5:00pm - 5:40pm	5:45pm	8:00pm	Finals
5 12&Over	Dec 7	7:00am - 7:55am**	8:00am	11:30am	Prelims/Timed Finals
6 11&Under	Dec 7	11:30am - 12:25pm**	12:30pm	4:30pm	Timed Finals
7 13&Over	Dec 7	5:00pm - 5:40pm	5:45pm	8:00pm	Finals

**** Split warm-up is anticipated, with details to be communicated to all participating clubs following the entry deadline.**

Meet Format & Administration

SEEDING:	After all times are converted as pursuant to the conversion process: ☒ Seeding for Timed Final events will be in order of entry times, slowest to fastest. ☒ with the exception of Distance Events (400m) which will be seeded fastest to slowest. ☒ Seeding for Preliminary events will be as per Part II 3.1 of the Swimming Canada rulebook with fastest 3 heats circle seeded.
DECK ENTRIES:	All accepted Deck Entries are Exhibition Only and are not eligible for scoring or awards. No new heats will be created for deck entries (only empty lanes, if available). The following are the Deck Entry Rules for this competition: ☒ Deck entries are <u>only permitted for swimmers already entered</u> in the competition, including both individual and relay events.. ☒ Fee: \$25 payable in cash to Admin Desk prior to the event.
RELAY NAME SUBMISSION:	Relay Cards or Forms must be returned to the Admin Desk. ☒ Relay Cards are available at the Admin Desk at the start of warmup ☒ The Relay Name submission deadline is 30 mins before the start of the session.
FINALS FORMAT:	• There will be an “A” & “B” Final for all Olympic Program Events • A “B” Final will be conducted only if there are 16 or more swimmers entered in the preliminary heats. • The Finals sessions will run “A” Final followed by “B” Final. • All swimmers in the “A” & “B” Finals, <u>along with alternates</u>, must check in at the Admin Desk in the Marshalling area 10 minutes before each finals swim and remain in the marshalling area thereafter.
SCRATCHES & POSITIVE CHECK IN RULES:	The following are the Scratch deadlines for this competition. ☒ There is a scratch deadline for: Prelims and Timed Finals Events (Session 1,2,3,5 &6) ☒ Scratches are to be made at the Admin Desk 30 minutes prior to the start of each session. ☒ A scratch deadline will apply for: Finals Events: (Session 4 & 7) ☒ 30 minutes following the posting of results of last preliminary event in that session ☒ The scratch deadline for Events 1 & 2 (200 IM) shall be Saturday morning, concurrent with the Session 2 scratch deadline. The following are the Positive Check-in deadlines for this competition. ☒ There is no positive check-in required for this competition.
PENALTIES:	☒ No penalty shall be imposed for late or day of scratches and No-Shows for Prelims and Timed Finals Events ☒ Failure to participate in an event with a scratch or positive check-in deadline will result in following penalty: ☒ Scratching from Finals after the final scratch deadline OR failing to participate in an individual Final event will result in a <u>\$30 fine per offense</u>. This applies to both initially named finalists and alternates who are scheduled to swim in the Finals. All fines will be invoiced to the club by the Newmarket Stingrays Swim Club.

OFFICIAL SPLIT TIMES:	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the <u>Admin Desk</u> at least 30 minutes prior to the commencement of the session in which the event will take place. Requests for official splits in gendered and mixed relays are not required, however in mixed relays the official time will not be recognized as a Canadian Age Group record. ☒ Official Split Forms are available at the Admin Desk. ☒ Not all Official Split requests can be accommodated.
SWIM OFFS:	This competition offers preliminary events. • All swim-offs are to be run during or at the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials. • Coaches are to report to the Admin Desk when a swim-off is announced.
DISQUALIFICATION & PROTEST PROCEDURE:	• Disqualification will be reported within fifteen (15) minutes after the swimmer's race. The disqualification shall stand providing all reasonable efforts have been made to report the disqualification including public address systems. • A club representative should discuss the disqualification with the Session Referee and can request to view the disqualification slip. • If not resolved after this discussion, a written protest may be presented to the Session Referee from the club representative. ○ A written protest must be presented within 30 minutes after the conclusion of the <u>event</u> in question. ○ Protest forms are available at the Admin Desk. • If not resolved after the decision of the written protest from the Session Referee the matter may be assigned to a Jury of Appeal. • The decision to go to Jury must be taken within an hour from the moment the decision of the written protest is communicated to the club representative.
RECORDS:	☒ Swim times achieved at this competition will NOT be used for applications of provincial and national records.
MEET RESULTS:	Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca ☒ Unofficial mobile applications results will be available. ☒ Unofficial Live Results will be available.
SCORING:	The following scoring will be applied: ☒ No Scoring
AWARDS:	The following will be awarded: ☒ Medals: 1-2-3 & Ribbons: 4 to 8, Relay Ribbons: 1 to 3 ☒ Awards by gender and age category: Girls: 10 & under, 11, 12, 13-14, 15 & Over Boys: 10 & under, 11, 12, 13-14, 15 & Over
ADDITIONAL INFORMATION:	TOWN OF NEWMARKET - MAGNA CENTRE POOL REMINDERS FOR MEET MANAGERS, OFFICIALS, COACHES AND SWIMMERS • No food and beverages (including coffee) on deck • Deck shoes, no outside shoes • No running on deck • No hanging off lane ropes

- No adjusting lane ropes
- Follow the lifeguards' instructions

Schedule of Events

Session 1 (11 & Over, Prelims & Timed Finals)

Friday, December 5, 2025

Warm-up: 4:30 PM -- Start: 5:00 PM

Girls		Boys
1	13 & Over 200 IM (P)*	2
3	11-12 Over 200 IM (TF)	4
5	11 & Over 400 Freestyle (Mixed & TF)	5

*The Finals for Events 1 and 2 will take place during Session 4.

Session 2 (12 & Over, Prelims & Timed Finals)

Saturday, December 6, 2025

Warm-up: 7:00 AM -- Start: 8:00 AM

Girls		Boys
7	13 & Over 100 Backstroke (P)	8
9	12 100 Backstroke (TF)	10
11	13 & Over 50 Breaststroke (P)	12
13	12 50 Breaststroke (TF)	14
15	13 & Over 200 Butterfly (P)	16
17	12 200 Butterfly (TF)	18
19	13 & Over 100 Breaststroke (P)	20
21	12 100 Breaststroke (TF)	22
23	13 & Over 200 Freestyle (P)	24
25	12 200 Freestyle (TF)	26
27	13 & Over 50 Butterfly (P)	28
29	12 50 Butterfly (TF)	30
31	13-14 200 Medley Relay (TF)	32
33	15 & Over 200 Medley Relay (TF)	34
35	12 200 Medley Relay (TF)	36

Session 3 (11 & Under, Timed Final)

Saturday, December 6, 2025

Warm-up: 11:30 AM -- Start: 12:30 PM

Girls		Boys
37	11 & Under 200 Freestyle	38
39	11 & Under 50 Breaststroke	40
41	11 & Under 100 Backstroke	42
43	11 & Under 100 Butterfly	44
45	10-11 200 Breaststroke	46
47	11 & Under 50 Freestyle	48

49	10 & Under Mixed 200 Medley Relay	49
51	11 200 Medley Relay	52

Session 4 (13 & Over, Finals) Saturday, December 6, 2025 Warm-up: 5:00 PM -- Start: 5:45 PM		
Girls		Boys
1	13 & Over 200 IM	2
7	13 & Over 100 Backstroke	8
11	13 & Over 50 Breaststroke	12
15	13 & Over 200 Butterfly	16
19	13 & Over 100 Breaststroke	20
23	13 & Over 200 Freestyle	24
27	13 & Over 50 Butterfly	28

Session 5 (12 & Over, Prelims & Timed Finals) Sunday, December 7, 2025 Warm-up: 7:00 AM -- Start: 8:00 AM		
Girls		Boys
53	13 & Over 100 Freestyle (P)	54
55	12 100 Freestyle (TF)	56
57	13 & Over 50 Backstroke (P)	58
59	12 50 Backstroke (TF)	60
61	13 & Over 200 Breaststroke (P)	62
63	12 200 Breaststroke (TF)	64
65	13 & Over 100 Butterfly (P)	66
67	12 100 Butterfly (TF)	68
69	13 & Over 200 Backstroke (P)	70
71	12 200 Backstroke (TF)	72
73	13 & Over 50 Freestyle (P)	74
75	12 50 Freestyle (TF)	76
77	13-14 200 Freestyle Relay (TF)	78
79	15 & Over 200 Freestyle Relay (TF)	80
81	12 200 Freestyle Relay (TF)	82

Session 6 (11 & Under, Timed Final) Sunday, December 7, 2025 Warm-up: 11:30 AM -- Start: 12:30 PM		
Girls		Boys
83	11 & Under 100 Freestyle	84
85	11 & Under 50 Backstroke	86
87	10-11 200 Butterfly	88
89	10 & Under 100 IM	90
91	11 & Under 100 Breaststroke	92

93	10-11 200 Backstroke	94
95	11 & Under 50 Butterfly	96
97	10 & Under Mixed 200 Freestyle Relay	97
99	11 200 Freestyle Relay	100

Session 7 (13 & Over, Finals) Sunday, December 7, 2025 Warm-up: 5:00 PM -- Start: 5:45 PM		
Girls		Boys
53	13 & Over 100 Freestyle	54
57	13 & Over 50 Backstroke	58
61	13 & Over 200 Breaststroke	62
65	13 & Over 100 Butterfly	66
69	13 & Over 200 Backstroke	70
73	13 & Over 50 Freestyle	74