

DECEMBER 2023 – “A” Group

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2	3
am				6:05 – 7:35 (6 lanes)		6:05 – 7:35 (3 lanes)	
pm			4:00 – 5:30 (3 lanes)	4:10-5:10 Dry land (Leisure Centre)	4:00 – 5:30 (3 lanes)		
	4	5	6	7	8	9	10
am		6:05 – 7:35 (6 lanes)		6:05 – 7:35 (6 lanes)		6:05 – 7:35 (3 lanes)	
pm	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)	4:10-5:10 Dry land (Leisure Centre)	4:00 – 5:30 (3 lanes)	Pointe – Claire meet (Only participants)	Pointe – Claire meet (Only participants)
	11	12	13	14	15	16	17
am		6:05 – 7:35 (6 lanes)		6:05 – 7:35 (6 lanes)			
pm	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)	4:10-5:10 Dry land (Leisure Centre)	Jingle Bell Meet	Jingle Bell Meet	Jingle Bell Meet
	18	19	20	21	22	23	24
am		6:05 – 7:35 (6 lanes)		6:05 – 7:35 (6 lanes)		6:05 – 7:35 (3 lanes)	
pm	OFF		4:00 – 6:00 (3 lanes)	4:10-5:10 Dry land (Leisure Centre)	4:00 – 6:00 (3 lanes)		OFF
	25	26	27	28	29	30	31
am		OFF		6:05 – 7:35 (3 lanes)		6:05 – 7:35 (3 lanes)	
pm	OFF		3:00 – 4:30 (3 lanes)		3:05 – 5:05 (3 lanes)		