

January 2024 – Silver Group

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
	1	2	3	4	5	6	7	
am	WINTER BREAK TRAINING							
pm		5:30 – 7:00 (3 lanes) Stouffville Pool	5:30 – 7:00 (3 lanes) Stouffville Pool	5:30 – 7:00 (3 lanes) Stouffville Pool	5:30 – 7:00 (3 lanes) Stouffville Pool			
	8	9	10	11	12	13	14	
am								
pm	4:00 – 5:00 (3 lanes) Stouffville Pool		4:00 – 5:00 (3 lanes) Stouffville Pool			4:30 – 6:00 (3 lanes) Centennial Pool Markham		
	15	16	17	18	19	20	21	
am								
pm	4:00 – 5:00 (3 lanes) Stouffville Pool		4:00 – 5:00 (3 lanes) Stouffville Pool			4:30 – 6:00 (3 lanes) Markham		
	22	23	24	25	26	27	28	
am								
pm	4:00 – 5:00 (3 lanes) Stouffville Pool		4:00 – 5:00 (3 lanes) Stouffville Pool		Mallards Winter LC Inv.	OFF		
	29	30	31					
am								

pm	4:00 – 5:00 (3 lanes) Stouffville Pool		4:00 – 5:00 (3 lanes) Stouffville Pool				
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