

JANUARY 2026 – “B” Group							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3	4
Am							
pm					12:00 – 2:00 (5 lanes - LC) Pan Am Markham	Pool unavailable	2:00 – 4:00 Pan Am Scarborough
	5	6	7	8	9	10	11
am						6:00 – 7:30 (3 lanes)	
pm		4:00 – 5:30 (3 lanes)	4:10-5:10 Dry land (Leisure Centre)	4:00 – 5:30 (3 lanes)	4:00 – 5:00 (3 lanes)		2:00 – 4:00 Pan Am Scarborough
	12	13	14	15	16	17	18
am						6:00 – 7:30 (3 lanes)	
pm		4:00 – 5:30 (3 lanes)	4:10-5:10 Dry land (Leisure Centre)	4:00 – 5:30 (3 lanes)	4:00 – 5:30 (3 lanes)		OFF
	19	20	21	22	23	24	25
am							
pm		4:00 – 5:30 (3 lanes)	4:10-5:10 Dry land (Leisure Centre)	4:00 – 5:30 (3 lanes)	MAC Winter Inv.	MAC Winter Inv.	MAC Winter Inv.
	26	27	28	29	30	31	
am						6:00 – 7:30 (3 lanes)	
pm		4:00 – 5:30 (3 lanes)	4:10-5:10 Dry land (Leisure Centre)	4:00 – 5:30 (3 lanes)	4:00 – 5:00 (3 lanes)		