

June 2024 – “A” Group							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1	2
am						6:05 – 7:35 (3 lanes)	
pm							
	3	4	5	6	7	8	9
am		6:05 – 7:35 (6 lanes)		6:05 – 7:35 (6 lanes)			
pm	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)	4:10-5:10 <b>Dry land</b> <b>(OFF due to swim meet)</b>	4:00 – 5:30 (3 lanes)	Central Region “C” – LC	Central Region “C” – LC
	10	11	12	13	14	15	16
am		6:05 – 7:35 (6 lanes)		6:05 – 7:35 (6 lanes)		6:05 – 7:35 (3 lanes)	
pm	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)	4:10-5:10 <b>Dry land</b> <b>(OFF due to swim meet)</b>	4:00 – 5:30 (3 lanes)	OJY – LC meet	OJY – LC meet
	17	18	19	20	21	22	23
am		6:05 – 7:35 (6 lanes)		6:05 – 7:35 (6 lanes)		6:05 – 7:35 (3 lanes)	
pm	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)	<b>Dry land</b> <b>(Leisure Centre)</b>	4:00 – 5:30 (3 lanes)		
	24	25	26	27	28	29	30
am		6:05 – 7:35 (6 lanes)		6:05 – 7:35 (6 lanes)			
pm	4:00 – 6:00 (3 lanes)		4:00 – 6:00 (3 lanes)	4:10-5:10 <b>Dry land</b> <b>(Leisure Centre)</b>	4:00 – 5:30 (3 lanes) Banquette 7:00 – 9:00		

