

MAY 2024 – “B” Group							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4	5
am						6:05 – 7:35 (3 lanes)	
pm			4:10-5:10 <b>Dry land</b> <b>(Leisure Centre)</b>	4:00 – 5:30 (3 lanes)	4:00 – 5:00 (3 lanes)		4:30 – 6:00 (3 lanes)
	6	7	8	9	10	11	12
am						6:05 – 7:35 (3 lanes)	
pm		4:00 – 5:30 (3 lanes)	4:10-5:10 <b>Dry land</b> <b>(Leisure Centre)</b>	4:00 – 5:30 (3 lanes)	4:00 – 5:00 (3 lanes)		3:00 – 5:00 <b>(Pan Am</b> <b>Markham-50m</b>
	13	14	15	16	17	18	19
am						9:00 – 11:00 <b>(Pan Am</b> <b>Markham-50m</b>	
pm		4:00 – 5:30 (3 lanes)	4:10-5:10 <b>Dry land</b> <b>(Leisure Centre)</b>	4:00 – 5:30 (3 lanes)	4:00 – 5:00 (3 lanes)		4:30 – 6:00 (3 lanes)
	20	21	22	23	24	25	26
am							
pm	<b>Victoria Day</b> <b>(Day Off)</b>	4:00 – 5:30 (3 lanes)	4:10-5:10 <b>Dry land</b> <b>(Leisure Centre)</b>	4:00 – 5:30 (3 lanes)	4:00 – 5:00 (3 lanes)	<b>MAC Rising Star</b> <b># 2 - meet</b>	<b>MAC Rising Star</b> <b># 2 - meet</b>
	27	28	29	30	31		
am							
pm		4:00 – 5:30 (3 lanes)	4:10-5:10 <b>Dry land</b> <b>(Leisure Centre)</b>	4:00 – 5:30 (3 lanes)	4:00 – 5:00 (3 lanes)		