

May 2024 – Gold Group							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4	5
am							
pm				4:00 – 5:30 (3 lanes)		4:30 – 6:00 (3 lanes)	
	6	7	8	9	10	11	12
am							
pm	4:10 – 5:10 (1 <sup>st</sup> Group) 5:15 – 6:15 (2 <sup>nd</sup> Group) <b>Dry Land</b> <b>(Leisure Centre)</b>	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)		4:30 – 6:00 (3 lanes)	
	13	14	15	16	17	18	19
am						9:00 – 11:00 (Pan Am Markham – 50m)	
pm	4:10 – 5:10 (1 <sup>st</sup> Group) 5:15 – 6:15 (2 <sup>nd</sup> Group) <b>Dry Land</b> <b>(Leisure Centre)</b>	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)			
	20	21	22	23	24	25	26
am							
pm	Victoria Day (Day Off)	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)		MAC Rising Star # 2 - meet	MAC Rising Star # 2 - meet
	27	28	29	30	31		
am							

pm	4:10 – 5:10 (1st Group) 5:15 – 6:15 (2nd Group) <b>Dry Land</b> <b>(Leisure</b> <b>Centre)</b>	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)			
----	--	--------------------------	--	--------------------------	--	--	--