

OCTOBER 2025 – “A” Group							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4	5
am				6:00 – 7:30 (6 lanes)		6:00 – 7:30 (6 lanes)	
pm			4:00 – 5:30 (3 lanes)	6:00-6:50 Dry land Track location (12483 Ninth Line) (Stouffville L4a 7x5)	4:00 – 5:30 (3 lanes)		2:00 – 4:00 Pan Am Scarborough
	6	7	8	9	10	11	12
am		6:00 – 7:30 (6 lanes)		6:00 – 7:30 (6 lanes)		6:00 – 7:30 (6 lanes)	
pm	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)	6:00-6:50 Dry land Track location (12483 Ninth Line) (Stouffville L4a 7x5)	4:00 – 5:30 (3 lanes)		2:00 – 4:00 Pan Am Scarborough
	13	14	15	16	17	18	19
am		6:00 – 7:30 (6 lanes)		6:00 – 7:30 (6 lanes)			
pm	Thanksgiving Day – OFF		4:00 – 5:30 (3 lanes)	6:00-6:50 Dry land Track location (12483 Ninth Line) (Stouffville L4a 7x5)	MAC Fall Fest	MAC Fall Fest	MAC Fall Fest
	20	21	22	23	24	25	26
am		6:00 – 7:30 (6 lanes)		6:00 – 7:30 (6 lanes)		6:00 – 7:30 (6 lanes)	
pm	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)	6:00-6:50 Dry land Track location (12483 Ninth Line) (Stouffville L4a 7x5)	4:00 – 5:30 (3 lanes)		2:00 – 4:00 Pan Am Scarborough
	27	28	29	30	31		

am		6:00 – 7:30 (6 lanes)		6:00 – 7:30 (6 lanes)			
pm	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)	6:00-6:50 Dry land Track location (12483 Ninth Line) (Stouffville L4a 7x5)	4:00 – 5:30 (3 lanes)		
am							
pm							