

OCTOBER 2025 – Gold Group							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4	5
am							
pm				4:00 – 5:30 (3 lanes)		4:30 – 6:00 (3 lanes) (Stouffville)	4:30 – 6:00 (3 lanes) (Stouffville)
	6	7	8	9	10	11	12
am							
pm	4:10-5:10 Dry land Track location (12483 Ninth Line) (Stouffville L4a 7x5)	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)		4:30 – 6:00 (3 lanes) (Stouffville)	Thanksgiving Day – OFF
	13	14	15	16	17	18	19
am							
pm	Thanksgiving Day – OFF	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)	4:00 – 5:30 (3 lanes)	MAC Fall Fest	MAC Fall Fest
	20	21	22	23	24	25	26
am							
pm	4:10-5:10 Dry land Track location (12483 Ninth Line) (Stouffville L4a 7x5)	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)		4:30 – 6:00 (3 lanes) (Stouffville)	4:30 – 6:00 (3 lanes) (Stouffville)
	27	28	29	30	31		
am							

pm	4:10-5:10 Dry land Track location (12483 Ninth Line) (Stouffville L4a 7x5)	4:00 – 5:30 (3 lanes)		4:00 – 5:30 (3 lanes)			